

**AUDRAIN
COUNTY
DIRECTORY OF
HEALTH &
SOCIAL
SERVICES**

For changes to your agency listing, contact:
Audrain City-County Health Unit at 573-581-1332
To view or print a copy of the directory, visit: www.acchu.org

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Mexico Senior Center
Open Arms Pregnancy Resource Center
Salvation Army
Serve, Inc.



AA-ALCOHOLICS ANONYMOUS

573 581-1317
Contact: Rich B.
Alcoholics Anonymous District 12
Eastern Area of Missouri
Answering Service – 573-442-4424
<http://aa.columbia.missouri.org>
Email – aa_columbia_mo@hotmail.com
Helping alcoholics recover from their disease.
Location: Mexico Area Recovery Center (MARC)
05-15-07

AMERICAN RED CROSS

(Audrain and Montgomery County Chapter)
207 North Washington St.
Mexico, MO 65265
573-581-4273
573-581-4006 – military emergency
573-529-0796 – disaster emergency
573-581-0430 - disaster emergency
Jackie Heaston, Executive Director
redcrossmo@sbcglobal.net
Provides disaster relief, first aid and CPR instruction,
health and safety instruction, water safety instruction,
service to military services, blood donation services
and tissue banking. Serves residents of Audrain and
Montgomery Counties.
01-28-08

ARTHUR CENTER (East Central Mo.)

Behavioral Health Services, Inc.)
321 West Promenade
Mexico Mo. 65265
573-582-1234
Fax number: 573-582-7304
ACI crisis line: 1-800-833-2064
Terry Mackey, President
tmackey@arthurcenter.com
Comprehensive Psychiatric Rehabilitation for Adults,
Comprehensive Psychiatric Rehabilitation for
Children and Youth, Access Crisis Intervention,
Outpatient Mental Health. Additional Services:
Supported Employment, Intensive In-Home services
for 12th Judicial Circuit
Psychiatrists:
John Hall, M.D.
Fernando Perez, M.D. 1-28-08

AUDRAIN CANCER SOCIETY

Community Information Center
JB & Greeta B. Arthur Cancer Center
573-582-8800
573-582-5000 ext. 8337
Contact: Tonya Linthacum
talinth@audrainmedicalcenter.com
Provides information, resources and guidance for
those diagnosed with cancer and/or their loved ones.
Provides broad base of health information for the
community. 05-09-07

AUDRAIN CITY-COUNTY HEALTH UNIT (ACCHU)

605 East Promenade
P.O. Box 957
Mexico, MO. 65265
www.acchu.org
Public Health Nursing
Environmental Health
573-581-1332
Home Health and Hospice
573-581-6060
Kevin W. Lowrance, Administrator
Public Health Services
Provides WIC supplemental food program, family
planning clinics, blood pressure screening clinics,
immunization program, health education and health
promotion activities, community health assessment
and planning, environmental health services, Audrain
County sewer permit program services for Audrain
County residents. Home Health and Hospice
Services to Audrain and adjoining counties.
01-28-08

AUDRAIN COUNTY AARP

(American Association of Retired People)
800-424-3410
Call this number for the nearest AARP chapter.
www.aarp.org
A nonprofit membership organization of persons 50
and older dedicated to addressing their needs and
interests. 1-28-08

AUDRAIN COUNTY AREA LITERACY COUNCIL

P.O. Box 195
Mexico, MO. 65265
573-581-6600
LEAVE A MESSAGE or
Email: audlit@mexicomom.net
Contact: Judith Dishman

**AUDRAIN COUNTY AREA
LITERACY COUNCIL (cont.)**

Members of the Council teach reading and writing through private tutoring. This service is without cost to the participant (funded by the United Way). Members also teach English as a second language (ESL). 05-16-07

**AUDRAIN COUNTY CARE
COORDINATOR**

Central Missouri Area Agency on Aging
1121 Bus. Loop 70 East. Suite 2A
Columbia, MO. 65201
Carol Senor, Care Coordinator
606 Park St.
Mexico, MO 65265
573-581-7678

Provides assistance to enable individuals to be able to live independently at home. Services include: home delivered meals, respite care, in-home care, transportation, legal services, companionship, telephone reassurance, sign-up for eligible benefits, referrals to other helping organizations and programs, as well as property tax credits volunteers. The program serves those are 60 years old and older, who are homebound and isolated, or are care givers who are caring for a senior at home.
5-9-07

**AUDRAIN COUNTY CRISIS
INTERVENTION SERVICES
(ACCIS)**

P.O. Box 181
Mexico, MO 65265
Office: 573-581-3835
Crisis Hotline: 573-581- 2280
Toll Free Crisis Hotline
1-800-246-2280
mccameyhouse@yahoo.com
Sherry Levin, Director

The program provides crisis assistance and pre-crisis intervention services to avoid or circumvent violent situations.
05-29-07

**AUDRAIN COUNTY
CHILDREN'S DIVISION**

3626A South Clark
PO Box 129
Mexico, MO 65265
573-581-3312

Fax 573-581-8001

<http://www.dss.mo.gov/cd/office/audrain.htm>

Child Protective Services (CPS) is a mandated program for the protection of all children in the state alleged to be abused and neglected. The CPS receives, screens and investigates allegation of child abuse and neglect, performs assessments of child safety, assesses the imminent risk of harm to the children and evaluates conditions that support or refute the alleged abuse or neglect and need for emergency intervention. It also provides services designed to stabilize a family in crisis and to preserve the family by reducing safety and risk factors. This program provides an array of prevention, intervention and treatment services including:

- operating a single, statewide toll-free telephone number for receiving child abuse/neglect (CA/N) reports;
- conducting CA/N investigation, family assessment and preventive services screenings;
- providing newborn crisis assessment and services;
- providing background screening checks on current or prospective employees and volunteers for children/youth serving agencies;
- Healthy Children and Youth Program;
- preventive and protective child care services; and
- Family Centered Services.

01-28-08

**AUDRAIN COUNTY FAMILY
SUPPORT DIVISION**

3626A South Clark
P.O. Box 129
Mexico, MO. 65265
573-581-3312

The Family Support Division is a state-administered agency responsible by law for administration of the programs and services. Any person who wishes to apply for any program or service must apply in the county in which that person resides. The FSD administers various federal and state assistance programs for the elderly, disabled, and low-income families. These programs include: Breast or Cervical Cancer Treatment Medical Assistance, Blind Pension, Child Care, December 1973 Eligibility Requirements, Family Healthcare, Food Stamps, General Info, General Relief, Medical Assistance for the Aged, Blind, and Disabled, Refugee Assistance, Supplemental Aid to the Blind, Supplemental Nursing Care, Supplemental Payments, Temporary Assistance/Case Management 1-28-08

AUDRAIN COUNTY DRUG COURT

101 N. Jefferson St. Rm. 205

Mexico, MO 65265

carla.tanzey@courts.mo.gov

Contact: Commissioner Carla Wood-Tanzey

573-473-5845

Convicted substance abusers can be court appointed to the program if judge sees it appropriate. The program works on a personal basis with the offender to get them clean and remaining clean. Appointed officer will do urine sampling, home visits and other contacts during the time of referral. Sentence can be vacated and a clean record can be had with successful completion of the process. 4-1-08

AUDRAIN COUNTY JOINT COMMUNICATIONS

1100 Littleby Road

Mexico, MO. 65265

573-473-5800

Christina Hardin, E 9-1-1, Director

Email: chardin@audrainsheriff.com

Joint Communications is responsible for handling incoming and outgoing communications from the public for assistance from law enforcement, fire and medical entities throughout the City of Mexico and Audrain County. It is specifically responsible for incoming telephone 9-1-1 emergency requests and dispatching via radio or other means the appropriate responding entities; receiving other non-emergency telephone requests for assistance and dispatching, routing or messaging those calls to the correct entity; entering information into and inquiring from, the MULES/NCIC crime database; maintaining a detailed computerized log of requests received and dispatched; and keeping current on city and county geography so that members may assist responding entities in location addresses. 06-21-07

AUDRAIN COUNTY JUVENILE COURT SERVICES, 12th CIRCUIT

101 N. Jefferson, Room 303

Mexico, MO. 65265

573-473-5880

Bruce McKinnon , Chief Juvenile Officer

Provides for the care, protection and rehabilitation of children 17 years and younger in Audrain, Montgomery and Warren Counties. A jurisdictional agency mandated by Mo State RSMo 211. Deals with abused neglected, dependent, delinquent, and status offender youth and their families. Also deals with criminal investigations, probation, placement of children in foster care, institutions, court hearings, restitution, and community service programs etc. 05-09-07

AUDRAIN HABITAT FOR HUMANITY

P.O. Box 835

Mexico, MO 65265

Contact: Mexico Area Chamber of Commerce

573-581-2765

Email: info@audrainhabitat.org

Website: AudrainHabitat.org

Habitat for Humanity is a nonprofit, ecumenical Christian housing ministry that works in partnership with people in need to improve the conditions in which they live. Habitat challenges people of compassion to provide the initial capital, through gifts and no-interest loans, to build or renovate simple, decent homes for the inadequately sheltered. Houses are sold at no-profit, with no-interest mortgages repaid over a 15 to 25 year period. The house payments are recycled to build more houses through a local Fund for Humanity. 1-28-08

AUDRAIN HANDICAPPED SERVICES

308 East Jackson

Mexico, MO. 65265

573-581-8210

Fax 573-581-5204

Tim Crews Ex. Director

tmcrews@ktis.net

Services Provided:

Residential Programs

Group Homes

Semi-Independent Apartment Living

ISL's

Community Services

Personal Assistance

Independent Living Services

Natural Home Supports

Developmental Training Center (Day Program)

Audrain County Supported Employment Services

Transportation Services

Advocacy and Referral

Family Support

"Eligibility for services determined by the Missouri Department of Mental Health - Division of MR/DD."

Programs of Audrain Handicapped Services

Developmental Training Center

807A West Breckenridge

Mexico, MO. 65265

573-581-8454

Angela Littrell, Director of Developmental Training Center

AUDRAIN HANDICAPPED SERVICES

(cont.)

Audrain County Supported Employment Services
1401 West Breckenridge
Mexico, MO. 65265
573-581-2613
Lisa Wieman, Director of Supported Employment Services

Community Services Program
1001 Fieldcrest
Mexico, MO. 65265
573-581-9810
Charlotte Rudd, Coordinator of Community Services

Harvey House, Group Home
1402 West Breckenridge
Mexico, MO. 65265
573-581-3213 573-581-0500
Judy Horton, Coordinator of Harvey House and Natural Home Services

Breckenridge Heights Group Home
1401 West Breckenridge
Mexico, MO. 65265
573-581-2613
Darlene Walsh, Coordinator of Residential Services

C.T. Loyd Apartment Living
1416 West Breckenridge
Mexico, MO. 65265
Darlene Walsh, Coordinator of Residential Services
01-28-08

AUDRAIN HEADSTART

400 Lakeview
Mexico, MO. 65265
573-581-1066
Fax 573-582-7701
Contact: Kathy Taylor
Email – kathy-taylor@showmeaction.org
lake-cmchdc@socket.net
For pre-school children, ages 3-5 years old with income guidelines for low-income or special needs families. Breakfast, lunch and planned activities in the morning. Learning centers, field trips, and classroom activities are offered Monday through Thursday mornings. All enrollees receive medical and dental check-ups as well as speech evaluation and follow-up. The Mexico afternoon preschool program is available to the Headstart enrollees.
05-15-07

AUDRAIN MEDICAL CENTER

AUXILIARY

620 East Monroe
Mexico, MO. 65265
573-582-5000 Ext 8283
Contact: Ruth Ann Menneke.
Email: ramenne@amc.com

Provides opportunities for volunteering in different parts of the hospital. Area students may apply for the Fern Braden Scholarship if they are going into the health care field. Those individuals needing Lifeline and Telecare services can call the Volunteer Office for further information. Fund raising activities are also provided to assist Audrain Medical Center.
05-15-07

AUDRAIN MEDICAL CENTER

620 East Monroe
Mexico, MO. 65265
573-582-5000
David A. Neuendorf, President/CEO
www.audrainmedicalcenter.com
Audrain Medical Center provides a range of care that includes a 24-hour emergency center; acute inpatient care for medical, surgical, pediatric obstetric and psychiatric needs; physician clinics (MedChoice) and a comprehensive ambulatory services unit serving the special needs of outpatients scheduled for same day surgery. In addition to primary care, AMC provides a broad spectrum of specialty care services encompassing: advanced medical imaging technologies (MRI, CT, PET and nuclear medicine imaging, cardiac catheterization, special procedures angiography, echocardiography, mammography and ultrasound), obstetrics, gynecology, general surgery, family medicine, internal medicine, otolaryngology, pediatrics, hematology, vascular surgery, gastroenterology, geriatrics, psychiatry, orthopaedics, thoracic surgery, ophthalmology and urology. Oncology services including cancer detection, Health & Wellness Services, chemotherapy and radiation are available in the J.B. & Greeta B. Arthur Cancer Center. Other services include Healthworks, our outpatient physical rehabilitation center for Occupational Medicine, Physical Therapy, Sports Medicine, Speech Therapy and Occupational Therapy. In May 2007, the Jordan-Waters Heart Center opened on the third floor of AMC offering cardio-pulmonary services in one location to better serve patients. The Audrain Medical Center medical staff includes over 90 men and women specializing in numerous fields of medicine. AMC physicians are board certified at a rate of 82%.

AUDRAIN MEDICAL CENTER (cont.)

Audrain Medical Center is a not-for-profit 501(c)(3) corporation obligated by law to provide services to any person in the community. This health care facility is not allowed to discriminate against a patient because of race, creed, color, national origin, disability, age, or because a patient is covered by a program such as Medicaid or Medicare. AMC must not deny emergency services to a person who needs them but cannot pay for them. 06-07-07



BIG BROTHERS BIG SISTERS

Mexico, MO 65265

Contact: Lori Pratt

Big Brothers Big Sisters is a matching up of friends. Every Big Brother and Big Sister is a volunteer. They are not paid to spend time with a child; they do it because they want to help a child. As a service for youth, Big Brothers Big Sisters is unique. While the relationship between the volunteer and the child is a direct and individual one, backing it up is a social service professional. Big Brothers Big Sisters of Central Missouri currently serves the counties of Boone and Audrain. Right now there are over 150 children waiting to be matched with Big Brothers or Big Sisters. 4-1-08

BOY SCOUTS OF AMERICA

Great Rivers Council

1203 Fay Street,

Columbia, MO. 65201

573-449-2561 or 800-726-8852

Contact: Doug Callahan, Scout Executive

Robert Townsend, District Executive

rtowsen@bsamail.org

660-676-3088

TIGER CUBS – first grade boys and their parents.

Home centered, family activities

CUB SCOUTS – second through fifth grade boys.

Family oriented, teaching basic fitness and character skills.

BOY SCOUTS – Sixth grade through high school boys. Outdoor and community oriented. Leadership and decision making skills.

EXPLORERS – high school age men and women.

Often career oriented. 6-7-07

BUREAU OF SPECIAL HEALTH CARE NEEDS (MODHSS or Contractors)

Columbia Area Office

1500 Vandiver Drive, Suite 112

Columbia, MO 65202

573-882-9861

maley@dhss.mo.gov

Contact: Terri Maley

Programs for Infants, Children and Youth:

Children with Special Health Care Needs – provides early identification and health services for participants birth to age 21, who have been determined to be financially and medically eligible.

HCY – provides services to Missouri Medicaid eligible infants children and youth. Through service coordination participants may receive information about HCY program, referrals to a medical care home for periodic screenings and ongoing medical care, and assessment to assure the adequacy of medical care and services provided through Medicaid.

Ralls County Health Department

405 West First

P.O. Box 434

New London, MO. 63459

573-985-7121

573-985-1531 Fax

1-800-451-0669 Statewide #

curtil1@lpha.dhss.mo.gov

Contact: Lisa Curtis

Programs for Adults (over 21 years of age)

Traumatic Brain Injury – provides coordinated services and assistance to individuals who have sustained a traumatic brain injury.

05-16-07

Bureau of Genetics & Healthy Children

MODHSS

573-751-6266

james.holmes@dhss.mo.gov

Contact: James Holmes

Program for adults. (Over the age of 21.)

Metabolic Formula Distribution – provides dietary formula to individuals with phenylketonuria (PKU) and maple sugar urine disease (MSUD).

Cystic Fibrosis – provides early identification and health services through specialized treatment center and clinics.

Hemophilia – coordinated educational, vocational and other comprehensive services.

Sickle Cell Anemia – promotes and provides screening and testing services. Referral is made to treatment centers for care and counseling services. 5-16-07



CLERVI, LISA

207 E. Jackson St.
Mexico, MO 65265
573-581-3660
573-581-6036 Fax

Individual and family therapy. Psychological assessments. Will take most insurance plans as well as Medicaid and Medicare. Payment based upon a sliding scale for those without insurance.
06-07-07

CHILDRENS THERAPY AND EARLY EDUCATION SCHOOL (CT School)

P.O. Box 954
Mexico, MO. 65265
573-581-2793
Bev Borgeson, Director
ctscool@sbcglobal.net

Pre-school, O.T., P.T., speech therapy, behavior management for developmentally delayed or disabled children 0-6 years
5-09-07

CENTRAL MO COMMUNITY ACTION (CMCA)

3626B South Clark
Mexico, MO. 65265
573-582-7864
573-582-7910 Fax
Contact: Emily Young
emily-young@showmeaction.org
www.showmeaction.org

Programs – Workforce Improvement Program and Energy Assistance, CAP (Community Assistance Program), Referrals for Weatherization Program, Foster Grandparent Program, and parenting and budgeting classes.
6-7-07

CLAIM – Medicare & Insurance Counseling Program

200 N. Keene Street
Columbia, MO 65201
800-390-3330 ext. 280
573-817-8320
573-817-8330 Fax
kmcbeeblack@priamis.org

Keri McBee Black – Outreach Trainer
www.missouriclaim.org

Provides FREE, confidential and unbiased health insurance counseling to Medicare enrollees. 9-3-08

COMMUNITY HOSPICES OF AMERICA

3050 I-70 Dr. SE
Columbia, MO 65201
573-443-8360
573-499-4601

Sonja “Sam” Caballero, Palliative Care Consultant
sam.caballero@hospicecom.com
www.chahospice.com

During end of life, our team of doctors, pharmacists, nurses, certified nursing assistants, aides, chaplains, bereavement staff, social workers and non-medical volunteers are there for you and your family. Hospice care is designed to help you live until you die in a way that is comfortable and pain-free. We help enhance your life and that of your family through care, which meets physical, emotional, spiritual and social needs.
3-4-08

COMPREHENSIVE HEALTH SYSTEMS INC.

4901 County Road 304, PO Box 757
Fulton, MO 65251
573-642-3600
tcollinschs@socket.net

Terry Collins, Program Director
Community-based psychiatric rehabilitation program for people with serious mental illness. The primary focus is to provide assistance in home and health management while avoiding in-patient hospitalization.
05-16-07



DAVIS H. HART MEXICO AREA VOCATIONAL TECHNICAL SCHOOL

905 North Wade
Mexico, MO. 65265
573-581-5684

Duane Bennett, Director
dbennett@mexicok12.mo.us

Provides training, counseling, placement and comprehensive vocational assessment for individuals in business, vocational and technical careers.
06-07-07

DIVISION OF HEALTH & SENIOR SERVICES AND DIVISION OF SENIOR & DISABILITY SERVICES

1500 Vandiver Suite 102
Columbia, MO 65202
573-882-5190
Fax 573-884-4884

1-800-392-0210 Abuse Hot Line
Most ill or disabled older Missourians can remain in their own homes and avoid or delay institutionalization with the help of support services. The Division of Senior and Disability Services administers a coordinated, integrated home and community service delivery system to assure that the needs of Missouri's elderly and persons with disabilities are met. 1-28-08

DIVISION OF YOUTH SERVICES (N.E. Community Treatment Center)

710 South Clark
Mexico, MO. 65265
573-581-6893

Contact: Gary Webster, Facility Manager
gary.webster@dfs.mo.gov
The Division of Youth Services (DYS) is the state agency charged with the care and treatment of delinquent youth committed to its custody by one of the 45 Missouri juvenile courts. DYS programs are established to provide the mandated services enumerated in Chapter 219.016 in the Revised Statutes of the state of Missouri. These services include assessment, care and treatment, and education of all youth committed to its care. 01-28-08



EVERGREEN BEHAVIORAL

734 W. Monroe St.
Mexico, MO 65265
573-582-0292
patrickfinder@yahoo.com

Contact: Patrick Finder
Mental Health services as well as State of Missouri "First Steps" program. 5-16-07



FINCK & ASSOCIATES, INC

17079 ACR 929
Mexico, MO 65265
573-581-8202
Contact: Jonathan Finck, LCSW
Email: info@finckinc.com

Finck & Associates, Inc. is a private behavioral health practice specializing in community-based wraparound interventions across Missouri. We offer a broad range of professional and para-professional services. We are outcome-oriented and pride ourselves in finding creative solutions for difficult problems. We want positive results and work tirelessly to coordinate efforts between referral sources, clients and families. 01-29-08

FIRST STEPS OF NORTHEAST MO EVERGREEN BEHAVIORAL SERVICES

P.O. Box 871, 118 S. Jefferson Street
Mexico, MO 65265
573-581-3866
573-581-6036

Karen Jacobi, SPOE Director
kj_65201@yahoo.com
Their goal is to make sure that families have the necessary supports, services, and resources that they need to raise healthy, happy and successful children. First Steps works with Missouri families of children age birth to three by ensuring that coordinated services are provided as conveniently as possible. 4-1-08



GIRL SCOUTS HEART OF MO COUNCIL

230 Metro Drive
Jefferson City, MO. 65109
573-893-5505
800-707-1917
Penny Brooks

pbrooks@gshome.org
Daisy Girl Scouts – a program for girls in kindergarten.
Brownie Girl Scouts – first through third grade girls.
Junior Girl Scouts – for girls in grades four through six.
Cadets – Ages 11-17
06-07-07

GOOD DEEDS INC.

c/o Tom and Dr. Mary Mullen
7412 Audrain Road 433
Rush Hill, MO 65280
573-581-7913 or 573-581-6137
Contact: Tom Mullen
Non-profit group helping people with furniture, food and clothing, when available. Sponsors congregate and home delivered meals on Christmas day.
10-06-05

GRO -GRASS ROOTS ORGANIZING

304 South Calhoun
Mexico, MO. 65265
573-581-9595
573-443-4476 Columbia
573-581-1255 Fax
Contact: Robin Acree
Email: robin@gromo.org
Non-profit organization advocating for low-income individuals.
6-20-07



HANDI-SHOP, INCORPORATED

508 East Liberty
Mexico, MO. 65265
573-581-1191
573-581-0966 Fax
gm@handi-shop.com
Kim Bise, Manager
Provides employment for mentally retarded, mentally ill and/or developmentally disabled adults. Assembly work manufacturing and recycling in an industrial atmosphere. Certification from Vocational Rehabilitation is required. Transportation available and services the Audrain County area.
01-28-08

HANNIBAL REGIONAL CENTER

805 Clinic Road, P.O. Box 1108
Hannibal, MO 63401
573-248-2400
573-248-2408 Fax
Contact: Lois Warren
Lois.warren@dmh.mo.gov
This is a community-based service provided by the Hannibal Regional Center to make accessibility of services more convenient for families in the area. Case managers serving this area work closely with

the individual and family to provide information and seek needed services in the community. The case manager also advocates for the person as well as monitors the frequency and quality of services that are obtained. Serves persons who have or are suspected to have a developmental disability. Costs are based on ability to pay. Insurance, Medicaid or other benefits can be applied to the costs. There is no charge to the individual or family for application nor are any evaluations and tests necessary to determine eligibility. Serves the Audrain County as part of their 8 county region.
1-28-08

HEALTH CARE USA

Regional Office
2420 Hyde Park Road, Suite B
Jefferson City, MO 65109
Members 800-566-6444
General 800-625-7602
573-761-7380 Fax
Contact: Denise Peters, Community Development
Email: dmpeters@cvty.com
Health Care USA is a Medicaid HMO that participates in Missouri's MC+ For Kids managed care program. Members may receive medical necessary services including primary, acute and preventive care, hospital care, physical, occupational and speech therapy, dental, vision, hearing, prescriptions, transportation, behavioral health, lab, X-ray and other needed services. Dependent upon eligibility.
6-20-07

HELP CENTER – AUDRAIN COUNTY HUMAN DEVELOPMENT CORPORATION

716 East Breckenridge
Mexico, MO. 65265
573-581-3238
Contact: Kaylie White
kwhitehelpcenter@socket.net
Thrift Shop Hours: 8:30 a.m. to 4 p.m. Mon. - Fri.
Commodity Food Distribution: 3rd Mon. of each month: 9 am – 12 pm and 5 pm – 6 pm.
Food and emergency assistance also available.
01-28-08



INTEGRITY HOME CARE

409 Vandiver Ste. 6-203
Columbia, MO 65202
www.integrityhc.com
800-641-1125
573-499-1125
Gwen Beebe, ED of Business Development
Home Care services such as skilled nursing, personal care, transportation, Integrity Lifeline, homemaker, shopping and errands, bath assistance, medication assistance, respite care, therapy services, special needs pediatrics and Consumer Directed Services.
6-27-07



MEXICO AREA RECOVERY CENTER

1130 South Elmwood Drive
Mexico, MO. 65265
573-581-8828
Mary Vest, Residential Director
residential treatment program that has a 24 bed capacity for persons with alcohol and drug related problems, who need a more intensive approach. Clients are exposed to fifty hours of education, individual and group counseling as well as family counseling. Outpatient services include services for individuals and families.
1-28-08

MEXICO AREA FAMILY YMCA

1127 Adams Street
Mexico, MO. 65265
573-581-1540
Sherry Medley, Ex. Director
Email: mexicoymca@ktis.net
Serves all ages. Program services include: fitness, education recreation, and health maintenance, all with character building dimensions. In addition, YMCA programs offer opportunities for leadership identification, training and development for youth and adults. YMCA membership and program participation is open to all persons without regard to race, creed, sex or age. Subsidized and sponsored memberships are available. Programs available: day care/preschool programs; fitness and wellness activities and sports leagues and instruction classes,

youth and adult. The YMCA is a neighborhood /civic organization which stresses services to the local and world community.
6-21-07

MEXICO EDUCATION CENTER

920 S. Jefferson St.
Mexico, MO 65265
573-581-3773 ext. 163
cdenham@mexico.k12.mo.us
Mr. Chris Denham, Director of Student Services
A new alternative educational setting in the Mexico School District created to better serve students in a non-traditional program of academic instruction. Students may apply for admission every 9 weeks and are interviewed and selected on an individual basis. Students are required to attend a three hour instructional session daily with no more than three absences. Employment or volunteer work is also expected. Sessions operate from 8 am -11 am or 11:30 am – 2:30 pm. The instructional program uses on-line classes along with service learning and life skills educational experiences. There is a student/teacher ratio of 10 to 1 for close collaboration and student support.
06-12-07

MEXICO HOUSING AUTHORITY

828 Garfield Avenue, P.O. Box 484
Mexico, MO. 65265
573-581-2294
Fax 573-581-6636
www.mexicoha.com
Gary Jones, Exec. Director
The MHA has a total of 212 Public Housing units in the style of duplex apartments with units of ADA compliance and designated elderly, and a total of 133 Section 8 Housing Choice Vouchers. Both programs are provided for low-income families through the funds of Housing and Urban Development. 1-28-08

MEXICO METHODIST COOPERATIVE PRESCHOOL

122 East Promenade
Mexico, MO. 65265
573-581-8090
Contact: Sandy Sherman
Children must be 3 years old by August 1. Capacity for 15 three-year olds and 20 four-year olds. Children must be potty trained. Activities and events provided on Monday, Wednesday, and Friday from 9:00 am to 11:30 am. during the public school year for 4 year olds. Tuesday and Thursday for 3 years olds during the school year. Staff includes a teacher and usually a child care student attending the Mexico Vocational School.
6-20-07

MEXICO PUBLIC SCHOOLS

920 South Jefferson
Mexico, MO. 65265
573-581-3773
Tina Woolsey, Superintendent
Informational, educational and support services for residents beginning at birth to post high school.
Special education and related services for residents age 3-20 years.
07-09-07

MEXICO SENIOR CENTER, INC.

Audrain County Nutrition Program
606 Park
Mexico, MO. 65265
573-581-7743
Sally Crow, Administrator
sallycrow@cmaaa.net
Mexico Senior Center serves persons 60 years of age and older and serves to the homebound in Audrain County. The suggested donation is \$2.00 per meal and \$5.00 for guests under 60. The Senior Center is open 5 days a week, Monday through Friday, from 8:00 am to 4:00 pm, providing a nutritionally balanced noon meal, activities and socialization. Home-bound elderly in the County are served 5 days a week and can be offered breakfast, hot lunch and frozen meals for the weekend and emergencies, depending upon need. We depend heavily upon volunteers. At the Senior Center we offer monthly blood pressure screenings, recreational opportunities daily, ceramic classes, line dance instruction, information and referral, education programs and nutrition information. Volunteers also help with the Missouri Property Tax Credit forms. The Bureau of the Blind provides us with a Vantage screen and magnifiers for the sight impaired. The Care Coordinator at the Senior Center helps older persons identify, locate, obtain and coordinate services available to live with safety and maximum independence in their own home. The nutrition program at the Mexico Senior Center is a partnership between community and the Central Missouri Area Agency on Aging to meet the service needs of senior citizens of Audrain County.
1-28-08

MID-MISSOURI LEGAL SERVICES

205 East Forest Avenue
Columbia, MO 65201
8 a.m. – 5 p.m. Monday –Friday
573-442-0116
800-568-4931
Fax: 573-875-0173
Email: legalaid@mmls.org

Their direct services component provides free legal representation to low income clients in a number of civil legal problems. They do not provide criminal defense representation. They handle public benefits, housing, unemployment compensation, family, consumer, education, employment, health and other matters. Serving the counties of Audrain, Boone, Callaway, Chariton, Cole, Cooper, Howard, Miller, Moniteau, Osage, and Randolph
1-28-08

MISSOURI CAREER CENTER

3626B S. Clark Street
MEXICO, MO 65265
573-581-4576
Fax 581-4590
Lana Vestal
lana.vestal@ded.mo.gov
Accessibility to resume and applications of job seekers, labor market information, www.greathires.org is a labor exchange website provided for placing job orders and reviewing resumes. Website also provides current listing of job careers; users may review and refer themselves. Available interviewing facilities; Re-employment services for Unemployment Insurance Claimants; Job Development and placement; assistance with resume and interviewing;
Referral to other agencies and services;
Vocational Rehabilitation Veterans Representative, job skills classes, job counseling, Parent's Fair Share, staffing agencies
05-02-07

MISSOURI CARE HEALTH PLAN

2404 Forum Blvd.
Columbia, MO 65203
Alisha Burger, Outreach Coordinator
1-800-322-6027
TDD 1-800-735-2966
www.MissouriCare.com
A managed care health plan that serves 18 counties in central Missouri. Missouri Care provides coverage for all MC+ Managed Care health programs, including MC+ for Kids, MC+ for Pregnant Women and MC+ for Parents. Missouri Care has a network of more than 1000 health care providers and 18 hospitals to serve you.
1-28-08

MOLINA HEALTHCARE OF MO

428 East Capitol, Suite 200
Jefferson City, MO 65101
Office: 800.875.0679 x239174
Cell: 573.261.0823
Fax: 573.893.1165
jenny.crader@molinahealthcare.com

MY LIFE CLINIC

103 W. Monroe St.
Mexico, MO 65265
573-582-7466
Dianne Buffington, Director
This is a ministry open to all denominations dedicated to helping people make life-affirming decisions concerning pregnancy, abstinence and post-abortion recovery. They also have one-on-one parenting classes with an "Earn While You Learn" program. They are an evangelistic local mission that invests in others lives by showing love, giving counsel, providing help, mentoring and teaching.
3-11-08



NBA WOODHAVEN

1405 Hathman Place
P.O. Box 1796
Columbia, MO. 65201
Contact: Mark Palmer, CEO
573-875-6181
The Community Living Program provides opportunities for the men and women served by NBA Woodhaven to live independent and productive lives as active members of their community. The individuals we serve live in forty-five homes and apartments throughout Columbia, Missouri. Individuals who are not able to work during the day or who have retired have the opportunity to be active members of the community through NBA Woodhaven's Day Program. The Day Program is offered Monday through Friday with activities that take place in many locations in the Mid-Missouri area.
4-8-08

NETWORK OF CARE FOR MENTAL HEALTH

<http://audrain.mo.networkofcare.org>
This web site is a resource for individuals, families and agencies concerned with mental health. It provides information about mental health services, laws, and related news, as well as communication tools and other features.
06-07-07

NEW VISION

Audrain Medical Center
620 E. Monroe
Mexico, Mo 65265
Room 2022 ext: 8208 or 8209
Cheri Y. Adcock, Service Coordinator
audrainmc.mo@specialcarecorp.com
Provides services to those in need of medical attention due to drug and alcohol problems. 5-9-07

NORTHEAST COMMUNITY ACTION CORPORATION (NECAC)

16 N. Court St., P.O. 470
Bowling Green, MO 63334
573-324-2231
TDD 1-800-735-2966
Voice 1-800 735-2466
www.necac.org
North East Community Action Corporation (NECAC) is dedicated to assist the disadvantaged within our 12 county service area in their efforts to rise above poverty by providing needed services to enable each individual to function at his or her own improved financial, physical, mental and social level. NECAC is a not-for-profit Community Action Agency delivering a variety of social service programs to low income elderly, youth, handicapped and disadvantaged individuals and families through grants and contractual agreements with Federal, state, county and local governments, other not-for-profit organizations and private businesses. NECAC is not a government agency. 1-28-08

NORTHEAST COMMUNITY SERVICE AGENCY INC.

Audrain County Courthouse
101 N. Jefferson St.
Room B-11
Mexico, MO 65265
573-582-7440
Contact: John Dial
nca@sbcglobal.net

Designed as a non-profit organization, NCSA has the mission of providing the courts with an additional form of punishment and restitution for juveniles and adult offenders involved in non-violent crimes that will be a positive benefit to the courts system, offenders, and the community. NCSA implements court orders of community service involving a specific number of unpaid hours of work to be performed within a designated period of time.
1-28-08



OPTIONS UNLIMITED

400 East Liberty
Mexico, MO. 65265
573-581-7887
573-581-1026 Fax
Terry Mackey, President

A community psychiatric rehabilitation program, a Division of the Arthur Center, which provides a range of mental health services to persons with a chronic mental illness. These community based ambulatory services are designed to maximize independent functioning and promote community adjustment and integration.
1-28-08



PARENTS AS TEACHERS

Early Education Center
408 N. Jefferson Street
Mexico, MO. 65265
573-581-3500
Superintendent: Tina Woolsey
Director of Student Services: Chris Denham

Parents as Teachers (PAT) is a parent education and family support program serving families throughout pregnancy until their child enters kindergarten, usually age 5. Parents are supported by PAT-certified parent educators trained to translate scientific information on early brain development into specific *when, what, how* and *why* advice for families. By understanding what to expect during each stage of development, parents can easily capture the teachable moments in everyday life to enhance their child's language development, intellectual growth, social development and motor skills. 1-12-08

PLANNED PARENTHOOD OF KANSAS AND MID-MISSOURI

711 North Providence Road
Columbia, MO. 65203
573-443-0427

Planned Parenthood of Kansas and Mid-Missouri (PPKM) is committed to providing confidential, affordable reproductive health care to all individuals, regardless of their ability to pay. Our medical staff includes board certified OB/GYN physicians and nurse practitioners. Nurse practitioners are registered nurses with advanced training in a specialty area, including women's health and family. Our nurse practitioners collaborate with physicians to provide reproductive health care, perform examinations and diagnose and treat infections. Your privacy is an important priority at Planned Parenthood. Information discussed with our staff and all medical records are completely confidential, regardless of the patient's age.
1-28-08

PREMIER HOME HEALTH CARE

207 E. Jackson St.
Mexico, MO 65265
Phone: 573-581-9474
Christina Davis, R.N., Regional Manager
premierhhc@gmail.com
www.premierhomehealth.com

Provides from 1 hour a day to 24 hours a day of services to keep your loved one home. Their services include nursing care, live-in companion care, homemaker chore services, personal care services, and respite care.
12-2-08

PREVENTION RESOURCE CENTER

117 North Garth Avenue

Columbia, MO 65203

Phone: 573-442-2591

Fax: 573-875-6607

Program Director: Linda Frost

Local Rep: Blair White

bwhite@fccmo.org

"Serves the Missouri Division of Alcohol and Drug Abuse Regional Support Center covering a 20 county area in mid-Missouri. Services are provided to grassroots teams and established coalitions working to prevent substance abuse in local communities and their schools. We provide training and technical assistance to empower our communities to accurately assess their prevention needs, to develop their goals, and to implement effective action plans to address substance abuse in their communities". 6-2-09

PROBATION AND PAROLE

2800 Cardinal Dr.

Fulton, MO 65251

573-592-4061 Ext. 232

Mexico Office 573-581-4112

573-592-4067 Fax

888-869-3195 Emergency Phone

Valerie Swaim, P&P Officer

Assist ex-offenders to adjust to life in a free community and to prevent future criminal acts.

These officers work towards returning law offenders to useful, productive lives. The offenders may be on probation or parole depending on their legal status. 3-4-08



REHABILITATION SERVICES FOR THE BLIND, MID-MISSOURI DISTRICT

308 E. High Street

Suite B 101

Jefferson City, MO. 65101

573-751-2714

1-800-592-6004 Ext 2

573-526-4526 Fax

Contact: Jim Brinkmann, District Supervisor

Rehabilitation Services for the Blind (RSB) provides services to people with varying degrees of visual impairment, ranging from those who cannot read regular print to those who are totally blind. Services are provided on the premise that with adequate

preparation and reasonable accommodation, each blind or visually impaired person will be able to achieve his or her maximum potential in the home and community, in educational settings, and in employment. Services are provided through the following various programs.

2-12-08



SALVATION ARMY – SEE HELP CENTER

716 East Breckenridge (Help Center)

Mexico, MO. 65265

573-581-3238

Contact: Kaylie White

Serves disaster victims, low-income families, the elderly, Toys for Tots contributor. Provides for local food, clothing, and medical needs needing help with medical expenses, and individuals who are in need of emergency assistance. 2-12-08

SERVE, INC.

4901 County Road 304

Fulton, MO. 65251

573-642-6388

573-642-2191 Fax

serve2@socket.net

Rita Fague, Executive Director

Provides services in the following areas: general transportation, senior nutrition, emergency services, Retired Senior Volunteer Program, basic adult education, family literacy and provides information and referrals.

Other services:

Clothes Cupboard

5th & Nichols

Fulton, MO

573-642-7044

This is a thrift store open to the general public and provides clothing to income eligible people.

06-07-07

SERVICES FOR INDEPENDENT LIVING

Services for Independent Living

1401 Hathman Place

Columbia, MO 65201

Voice: (573) 874-1646

TTY: (573) 874-4121

Fax: (573) 874-3564

Aimee Wehmeier - Executive Director
E-Mail: sil@silcolumbia.org
Web: <http://www.silcolumbia.org>
SIL serves a seven county area:
Audrain, Boone, Callaway, Cooper, Howard,
Montgomery and Randolph.

SERVICES FOR INDEPENDENT LIVING (cont.)

SIL provides four core services:

- **ADVOCACY.** SIL strives to enable people with disabilities to effectively exercise their rights to obtain services and benefits
- **INDEPENDENT LIVING SKILLS TRAINING.** Through education and support, SIL helps consumers develop individualized independent living plans and teaches skills and techniques necessary to maintaining and increasing their level of independence.
- **INFORMATION AND REFERRAL.** SIL provides consumers and their families, service providers, and the community-at-large with information about and referral to community resources and disability services.
- **PEER SUPPORT.** SIL provides mentoring opportunities for others with similar disabilities to discuss problem-solving strategies for overcoming barriers in their lives.

2-12-08

SIDS RESOURCES, INC.

135 W. Monroe Avenue
St. Louis, MO 63122
314-822-2323
314-822-2098 (fax)
1-800-421-3511
Lori Behrens, Executive Director & Family Support Program Director
Email: lahrens@sidsresources.org
Professionals trained in bereavement are available to work with families, friends, coworkers, child care providers and other professionals to offer support after the loss of a baby. The staff of SIDS Resources offer current medical information about SIDS.
Services include:

- Individual Bereavement Counseling
- Peer Connections (for parents, grandparents, and childcare providers.)
- Ongoing telephone and/or email support
- Home Visits
- Lending Library
- Support Groups

- Monthly Update Newsletters

Our family support staff works with the health care provider network and volunteers to coordinate the best possible support following the death of a baby. Typically about 100 new families receive services each year. All services are provided free of charge.
2-12-08

SOCIAL SECURITY ADMINISTRATION

803 Gray Oak Drive
Columbia, MO 65201
573-443-1379
1-800-772-1213
TDD 573-443-8305
www.socialsecurity.gov
01-28-08



UNIVERSITY OF MISSOURI EXTENSION CENTER OF AUDRAIN COUNTY

101 North Jefferson Rm. 304
Mexico, MO. 65265
573-581-3231
Mary Sobba, Agriculture Business Specialist
SobbaM@missouri.edu

MU Extension programs in agriculture, community development, human environmental sciences, business development, youth development and continuing education reach more than 1 million Missourians a year. The University's research base results in quality information and recommendations, which enhance the state's economy and quality of life for many individuals. Extension's partnerships with government agencies, nonprofits and businesses allow extension to leverage resources, avoid duplication of services and extend the impact.
2-12-08



VETERAN AFFAIRS – MISSOURI VETERANS COMMISSION

Missouri Veterans Home
One Veterans Drive
Mexico, MO. 65265
573-581-1088 Ext 258
573-581-5356

Contact: Ken Gore
gorek@mvc.state.mo.us

Through the Service to Veterans Program, accredited Veterans Service Officers (VSO) and Veterans Service Assistants (VSA) provide counseling and assistance to thousands of Veterans and their dependents throughout the state. Not only do these trained professionals counsel Veterans on available VA and state Veterans' benefits, but also complete and submit claims and applications with all necessary documentation. 4-1-08

VETERANS HOME CARE

11960 Westline Ind. Dr., Suite 360
St. Louis, MO 63146
877-390-6377, Cell 816-457-1916
Stephen Todd, Area Manager
stodd@veteranshomecare.com

www.veteranshomecare.com
The Veterans Administration has established a pension program which helps with purchases of personal care and attendant home services may be paid for through acquired pensions. You may be eligible if you are a Veteran or the surviving spouse of a Veteran who has served at least 90 days or more on active duty with one day beginning or ending during a period of war, and you are in need of assistance at HOME due to your disabilities, you may be eligible for VA's non-service connected disability pension. 4-1-08

VOCATIONAL REHABILITATION

1500 B Southridge Dr.
Jefferson City, MO. 65109
Ph: 573-751-2929
Toll Free: 800-347-7180
Fax: 573-526-3788
TTY: 573-526-4513
Contact: Melissa Cox

Melissa.cox@vr.dese.mo.gov

If you want to work but have a disability that keeps you from finding or keeping a job, Vocational Rehabilitation (VR) may be able to help you. VR specializes in employment and training services that can assist you in becoming employed. A VR counselor will determine your eligibility for services. To be eligible, you need to have a physical or mental impairment that causes problems with working and need VR services to be successfully employed. 4-1-08



WILLIAMS FAMILY SUPPORT CENTER (Same as Headstart)

801 E. Breckenridge
Mexico, MO 65265
573-581-6806
573-582-7587 Fax

Patricia-Brown@showmeaction.org

Head Start is a national child development program for children from birth to age 5, which provides services to promote academic, social and emotional development, as well as providing social, health and nutrition services for income-eligible families. 4-1-08

WOODLAND CENTER Mental Health Center of Hannibal Regional Hospital

6000 Hospital Drive
Hannibal, MO. 63401
888-327-4747
06-07-07

AREA SUPPORT GROUPS

ALCOHOLICS ANONYMOUS

Location: First Church of the Nazarene, 2726 S. Clark, Mexico
When: Tuesdays and Thursdays, 7 pm
Phone #: (573) 581-7499

ALHEIMER'S SUPPORT GROUP

Where: Missouri Veteran's Home, 920 Mars St., Mexico
When: 4th Wednesday of each month, 1:30 pm
Coordinator: Jean Hill
Phone #: (573) 581-1088

BREASTFEEDING SUPPORT GROUP

Location: 4-South OB Unit
This one hour class is for mothers who are breastfeeding and those who plan to breastfeed. The class is offered monthly to discuss benefits and techniques of breastfeeding.
This group meets on the 4-South OB Unit.
For more information call 573-582-4050 or send an email to the contact below.
Contact:
RLDEORN@audrainmedicalcenter.com

CANCER SUPPORT GROUP

J.B. & Greeta B. Arthur Cancer Center, 713 E. Jackson
When: 3rd Sunday of each month, 3 pm - 4:30
Phone: 573-582-8800 or 573-581-7170
Contact: Barb Culwell

CARDIOVASCULAR SUPPORT GROUP

This group meets on the third Tuesday of each month at 4 pm in Jansen Auditorium West.
Contact Penny Westfall at 582-6093 for questions.

CHILDREN OF DOMESTIC VIOLENCE SUPPORT GROUP

Location: William Family Support Center
801 E. Breckenridge

When: every Tuesday and Thursday
Time: 6-8 p.m.
Phone: 573-581-3835 or (800) 246-2280
Contact: Kathy Yohe or Sherry Levin

DIABETIC SUPPORT GROUP

Held on the first Thursday of the month at Noon at AMC and 7:30 pm at Southside Christian Church.
Contact: Cheryl Lummis: (573) 582-8084

HIV SUPPORT GROUP

For more information contact RAIN (Regional AIDS Interfaith Network)
(573) 875-8687

IBD SUPPORT GROUP

Time: 7:00pm - 8:00pm
Location: Audrain Medical Center, Jansen Auditorium
Inflammatory Bowel Disease Support Group
Meets the 4th Wednesday of the month, 7:00 p.m. to 8:00 p.m. Coordinator: Glenn Gordon, M.D., Gastroenterologist Phone #: (573) 581-7196

KID'S DIABETIC SUPPORT GROUP

Where: Southside Christian Church, 2100 Lakeview, Mexico
When: 1st Thursday of each month, 6:30 pm
Coordinator: Cheryl Lummis
Phone #: (573) 582-8084

NARCOTICS ANONYMOUS

Where: Presbyterian Church, 400 Lakeview, Mexico
When: Mondays at 7pm, Wednesdays at 7pm and Fridays at Noon.
Contact:
Men call 573-0099
Women call 581-5576

OSTOMY ASSOCIATION OF MID-MISSOURI

Where: Boone Hospital, Columbia
When: March, September and December
Coordinators: Joe Grecko
Phone #: (573) 443-5090
*\$20 annual dues

RESTLESS LEGS SYNDROME SUPPORT GROUP

This group meets once a year at the University of Missouri Hospital in the Main Street Conference Room (lobby). For more information, contact Kay Wright at 573-443-4436.

S.A.F.E. TEEN BOYS PROGRAM

Location: ACCIS Outreach Office
When: Friday
Time: 6-8 p.m.
Phone: 573-581-3835 or (800) 246-2280
Contact: Kathy Yohe or Sherry Levin

S.A.F.E. TEEN GIRLS PROGRAM

Location: ACCIS Outreach Office
When: Thursdays
Time: 6-8 p.m.
Phone: 573-581-3835 or (800) 246-2280
Contact: Kathy Yohe or Sherry Levin

WIDOWED PERSONS SERVICE GRIEF SUPPORT GROUP

Where: First Christian Church Parlor, 307 West

WOMEN'S DOMESTIC VIOLENCE SUPPORT GROUP

William Family Support Center
801 E. Breckenridge
When: every Tuesday and Thursday
Time: 6-8p.m.
Phone: 573-581-3835 or (800) 246-2280
Contact: Tina Sikes or Sherry Levin
Confidential sessions upon request)

Jackson, Mexico
When: Every Sunday at 1:30 pm, Seven week class in the Spring and Fall
Coordinators: Connie Pickering
Phone #: (573) 581-3207
Contact: office@pickeringfh.com
(Jointly sponsored by AARP, First Christian Church and Pickering Funeral Home.)

WOMEN'S CANCER SUPPORT GROUP

Where: J.B. and Greeta B. Arthur Cancer Center
When: 1st Thursday of each month, 7 pm
Coordinator: Donna Watson
Phone #: (573) 582-6050

These meetings are without charge, except where noted. Please call the coordinator to verify meeting dates and time as the information may change.

LICENSED DAY CARE HOMES & PROGRAMS

AMANDA RENEE BURNETT

8526 AUDRAIN RD 343
MEXICO, MO 65265
AUDRAIN COUNTY
(573) 581-6555
FAMILY HOME

ANITA J FETTERHOFF

720 WOODLAWN
MEXICO, MO 65265
AUDRAIN COUNTY
(573) 581-8646
FAMILY HOME

AUDRAIN HEAD START

400 LAKEVIEW
MEXICO, MO 65265
AUDRAIN COUNTY
(573) 581-1066
CHILD CARE CENTER

BETTY BARBER

1000 N SIXTH ST
VANDALIA, MO 63382
(573) 594-6785
FAMILY HOME

BRENDA KAY BENJAMIN

409 W LOVE ST
MEXICO, MO 65265-2768
(573) 582-7023
CHILD CARE CENTER

BUFFEY JEAN WILDER

1419 PINELAWN
MEXICO, MO 65265
(573) 581-8118
FAMILY HOME

COMMUNITY RVI CHILD & FAMILY DEVELOPMENT CTR

35063 HIGHWAY BB
LADDONIA, MO 63352-3017
(573) 492-6223
CHILD CARE CENTER

DEANNA TERRY

40268 HIGHWAY P
VANDALIA, MO 63382
(573) 594-3340
FAMILY HOME

FIRST CHRISTIAN CHURCH EARLY CHILDHOOD CENTER

213 N FORREST ST
VANDALIA, MO 63382-1511
(573) 594-2703
CHILD CARE PROGRAM

FRAN HARRISON

633 W LOVE ST
MEXICO, MO 65265
(573) 581-4989
FAMILY HOME

FRANCES C VAUGHAN

1303 BENNINGTON
MEXICO, MO 65265
(573) 581-0479
FAMILY HOME

GLORIA MARLINE EVANS

2809 SECOND ST
MEXICO, MO 65265
(573) 581-3754
FAMILY HOME

KAREN MICHELLE POLACEK

415 EASTHOLM ST
MEXICO, MO 65265-3117

(573) 581-6929
FAMILY HOME

LINDA LOUISE WHITE
1823 CHRISTOPHER DR
MEXICO, MO 65265
(573) 581-1017
FAMILY HOME

LYNN ANN FLOWERS
111 E HESS
FARBER, MO 63345
(573) 249-3049
FAMILY HOME

MARTHA JEAN NEWSOM
214 S MISSISSIPPI ST
MEXICO, MO 65265
(573) 581-4532
FAMILY HOME

MARY ELLEN FREEMAN
1525 ASHLEY CT
MEXICO, MO 65265
(573) 581-1076
FAMILY HOME

MELISSA ANN VANTRESS
1430 HICKORY HILL
MEXICO, MO 65265
(573) 582-0627
FAMILY HOME

**MEXICO AREA FAMILY YMCA
PRESCHOOL**
307 W JACKSON
MEXICO, MO 65265
(573) 582-0684
CHILD CARE CENTER

**MEXICO AREA YMCA KEYS SAINT
JOHN**
1000 DORCAS ST
MEXICO, MO 65265
(573) 582-0850
CHILD CARE CENTER

**MEXICO METHODIST COOP
PRESCHOOL**
122 E. PROMENADE
MEXICO, MO 65265
(573) 581-8090
CHILD CARE PROGRAM

MICHAELENE A DAVID
1350 MARGRETTA
MEXICO, MO 65265
(573) 581-7410
FAMILY HOME

PARENTS DAY OUT
400 LAKEVIEW
MEXICO, MO 65265
AUDRAIN COUNTY
(573) 581-5689
CHILD CARE PROGRAM

NANCY LYNN NICHOLS
35297 HIGHWAY BB
LADDONIA, MO 63352
(573) 492-6326
FAMILY HOME

PEGGY D WOLTER
625 W LIBERTY
MEXICO, MO 65265
(573) 581-7273
FAMILY HOME

**ST. JOSEPH EARLY LEARNING
CENTER**
412 E. KELLETT
MARTINSBURG, MO 65264
492-6283
CHILD CARE CENTER

SARAH ANN GOOCH
600 N KENTUCKY ST
MEXICO, MO 65265
(573) 581-1974
FAMILY HOME

SHAUNA KAY BIERY
710 WOODLAWN ST
MEXICO, MO 65265
(573) 581-4723
FAMILY HOME

SHERRY SAYLOR
2801 1ST ST
MEXICO, MO 65265
(573) 581-6368
FAMILY HOME

SUSAN ANN LEWIS
403 YALE
MEXICO, MO 65265
(573) 581-3199
FAMILY HOME

TINA M SCHMIDT
2716 RANDY
MEXICO, MO 65265
(573) 581-2657
FAMILY HOME

VANDALIA COMMUNITY PLAY CARE
115 W WALSH
VANDALIA, MO 63382
(573) 594-3031
CHILD CARE CENTER

WEE CARE DAY CARE CENTER
1700 E LIBERTY
MEXICO, MO 65265
(573) 581-5800
CHILD CARE CENTER

WENDY ANN MILLS
1165 N KENTUCKY
MEXICO, MO 65265
(573) 581-6085
FAMILY HOME

WILLIAMS FAMILY SUPPORT CENTER
801 E BRECKENRIDGE ST
MEXICO, MO 65265-2695
(573) 581-6806
CHILD CARE CENTER

AREA PUBLIC SCHOOLS

Community R-VI Schools
Route #1
Ladsonia, MO 63352
573-373-2311

Van Far R-I Schools
Vandalia, MO 63382
Elementary: 594-2731
High School: 594-6442

MEXICO PUBLIC SCHOOLS

Central Office
920 South Jefferson
Mexico, MO. 65265

Mexico, MO 65265
581-5664

581-5684 or 581-5685

Hawthorne Elementary School
1250 West Curtis
Mexico, MO 65265
581-3064

Mexico Senior High
639 N. Wade
Mexico, MO 65265

McMillan Elementary
1101 E. Anderson St.
Mexico, MO 65265

Mexico Middle School
1200 W. Boulevard

Area Vo-Tech School
Davis H. Hart
905 N. Wade St.
Mexico, MO 65265

581-5029
581-2637

Eugene Field School

704 W. Boulevard

Mexico, MO 65265

581-5268

PRIVATE AND PAROCHIAL SCHOOLS

Missouri Military Academy
204 Grand
Mexico, MO 65265
573-581-1776

St. Brendan's
Catholic School
620 S. Clark
Mexico, MO 65265
573-581-2443

St. Joseph's
Catholic School
Martinsburg, MO 65264
573-492-6283

Sunnydale Academy
6818 Audrain Road 9139
Centralia, MO 65240
573-682-9491

SPECIAL SCHOOLS

Advanced Technology Center
2900 Dorell
Mexico, MO 65265
573-582-0817

Children's Therapy and
Early Education School, Inc.
(CT School)
408 S. Missouri
Mexico, MO 65265
581-2793

CIVIC CLUBS AND ORGANIZATIONS

Current contact names and telephone numbers may be obtained by calling the
Mexico Area Chamber of Commerce at 573-581-2765.

ALTRUSA
AMERICAN CANCER SOCIETY
AMERICAN HEART ASSOCIATION
AMERICAN LEGION
AMERICAN LEGION AUXILIARY
AUDRAIN-MONT. AMERICAN RED CROSS
AUDRAIN COUNTY HISTORICAL SOCIETY
AUDRAIN COUNTY CRISIS INTERVENTION
AUDRAIN COUNTY CHILD ABUSE COUNCIL
PREVENTION CENTER
AUDRAIN COUNTY PACHYDERM CLUB
AUDRAIN MEDICAL CENTER AUXILIARY
A.A.R.P.
AUDRAIN AMATEUR RADIO CLUB
BOYS SCOUTS
CHAUTAUQUA LITERARY CIRCLE
CHOIR BOOSTERS
CITY P.T.A. COUNCIL
C.P. PARENTS CLUB

COMMUNITY TEACHERS ASSN.
DELTA KAPPA GAMMA
DIXIE GREY BAND PARENTS
DREAM FACTORY
EUGENE FIELD PTO
GFWC OF MEXICO
4-H COUNCIL
4-H MISSOURI EXTENSION OFFICE
FREEDOM OF THE ROAD RIDERS
GAMMA LAMBDA SORORITY
GIRL SCOUTS
GOLDEN K KIWANIS
HABITAT FOR HUMANITY
HANDI-SHOP, INC.
HAWTHORNE SCHOOL P.T.A.
I.O.O.F. LODGE #99
KAPPA MU SORORITY
KIWANIS CLUB
KNIGHTS OF COLUMBUS

FRIENDS OF MEXICO AUDRAIN LIBRARY
LITTLE DIXIE SHRINE CLUB
AUDRAIN COUNTY LEAGUE OF WOMEN
VOTERS
LIONS CLUB
MASONIC LODGE
McMILLAN P.T.A.
MEXICO AMIGOS SQUARE DANCE CLUB
MEXICO AREA FAMILY Y.M.C.A.
MEXICO CIVIC CLUB
MEXICO ELKS LODGE #2667
MEXICO GARDEN CLUB
MEXICO JAYCEES
MEXICO NOON LIONS CLUB
MEXICO JUNIOR HIGH SCHOOL P.T.S.A.
MEXICO CHILD ABUSE COUNCIL
MEXICO HIGH SCHOOL P.T.A.
MEXICO WOMEN'S CLUB
MEXICO YOUNG FARMERS
MISS AUDRAIN SCHOLARSHIP PAGEANT
MID-MISSOURI CONCERT SERIES ASSN.
MISSOURI LAUREATE GAMMA PI
MISSOURI CITIZENS FOR LIFE

MOLINO HOMEMAKERS EXTENSION
COUNCIL
MOOSE LODGE #1706
MOOSE AUXILIARY
MEXICO SENIOR CITIZENS CENTER, INC.
OPTIMISTS
PRESSER HALL RESTORATION SOCIETY
GRO
ROTARY CLUB
PAST MATRONS OF O.E.S.
ST. BRENDAN HOME & SCHOOL
ST. BRENDAN LADIES SODALITY
ST. BRENDAN SR. CITIZEN ASSN.
SOUTH FORK FLYWAY CH. DUCKS
UNLIMITED
TOPS CLUB
T.P.A.
UNITED METHODIST WOMEN
V.F.W. POST 3772
V.F.W. AUXILIARY
MEXICO TRAIN WORKS R.R. CLUB
VILLAGE SQUARE ASSOCIATION

YOUTH SERVICES

Audrain County Division of Family Services
573-581-3312

Child Abuse and Neglect
Hot-Line 1-800-392-3738

Missouri Girls Town
PO Box 59
Kindom City, MO 65262-0059

Juvenile Office
573-473-5880

Runaway/National Youth Trouble
Hot-line 1-800-621-4000

Youth Crisis Hot-line
Comprehensive Human Services
573-442-2120

RESOURCE GUIDE FOR WEIGHT MANAGEMENT AND PHYSICAL ACTIVITY

ARTHUR HILLS GOLF COURSE

10717 Audrain Road 929
Mexico, MO 65265
573-581-1330

The 18-hole "Arthur Hills" course at the Arthur Hills Golf Course facility in Mexico, Missouri features 6,045 yards of golf from the longest tees for a par of 72. The course rating is 68.5 and it has a slope rating of 113. Designed by Larry W. Flatt, the Arthur Hills golf course opened in 1954.

AUDRAIN CITY-COUNTY HEALTH UNIT

P.O. Box 957
605 E. Promenade Street
Mexico, MO 65265
573-581-1332
www.acchu.org

Visit their website and click "Healthy Living" for links to many resources and topics related to nutrition.

CURVES FOR WOMEN

Two locations in Audrain County:
111 W. Promenade St.
Mexico, MO 65265
573-581-6233

502 W. St. Johns St.
Vandalia, MO 63382
573-594-2979
www.curves.com

Created specifically for women, Curves offers a complete fitness and nutrition solution. The Curves 30 minute workout exercises every major muscle group and burns up to 500 calories through a proven program of strength training, cardio and stretching. In addition, club promotions and events encourage women to support charitable causes, learn about health-related issues and forge lasting friendships as part of the global Curves community.

DARBY'S TOTAL FITNESS

1636 E. Liberty St.
Mexico, MO 65265
573-581-2737

This full fitness gym facility has plenty of equipment, so you will hardly ever have to wait.

23 Cardio Stations
22 Circuit Stations
19 Free weight Stations

DORCAS TRAIL

Dorcus Trail is located at the end of Dorcas Street and located within Plunkett Park. This one mile ADA accessible trail winds through native trees and is on the west side of Plunkett Park and is a great place to exercise, bird watching or just taking a casual walk with friends. Paved parking is available at the end of Dorcas Street.

FAIRGROUNDS PARK

1200 Adams St.
Mexico, MO 65265

This 28.7 acre park is located at Adams Street and Fairgrounds Road, in the southwest area adjacent to the Mexico Junior High School and the Mexico Area Family YMCA.

- Six lighted tennis courts
- Lighted basketball court
- Two soccer fields, with one more under construction
- Volleyball court
- Six horseshoe courts
- Open space
- Small softball field
- Picnic shelter
- ADA accessible restroom facilities
- Large playground with tot area

FAIRGROUNDS POOL

1200 Adams St.
Mexico, MO 65265
581-1914

Lighted 50 meter swimming pool with diving area, slide, and toddler wading areas. Open during summer months only.

GARFIELD PARK

Walnut Street
Mexico, Missouri

Garfield Park is a 4.42 acre neighborhood park located in the south central area of Mexico. Garfield Shelter has four to six tables and can hold approximately 40 people.

- Shelter
- Playground area
- Two lighted basketball courts
- Restroom facilities
- Regulation softball/baseball field
- Saddle Horse Museum
- Gazebo
- Flower Gardens
- Restroom facilities
- Jaycee Shelter has 15-18 tables and holds approximately 150 people.

JANET'S DANCE STUDIO

1014 W. Liberty Street
Mexico, Missouri 65265
573-581-6117
www.janetsdancestudio.com

Classes are arranged according to age, with instruction based on age appropriate skills. Our instructors teach tap, ballet, jazz and tumbling and hip-hop.

GREEN ESTATE PARK

Clark Street
Mexico, Missouri

Green Estate Park was dedicated and the historic Churchill Gates reopened in May of 2006. The park features a 1.2 mile walking trail.

HARDIN PARK

Located at South Clark and Clay Streets
Mexico, Missouri

This neighborhood park is the host site for summer concerts and numerous special events

- Playgrounds areas
- Picnic tables
- ADA assessable restrooms
- Gazebo

LAKEVIEW PARK

Lakeview Park is a 61.2 acre park located at the corner of Lakeview Road and Fairgrounds.

- 24 – acre fishing lake with a boat ramp and an ADA accessible fishing dock.
- Electric hook-ups
- Three shelters
- Picnicking
- Basketball court
- Horseshoes
- Playground area
- ADA accessible restroom facilities
- Open space areas
- 1.5 mile jogging/walking trail around the lake
- Mexico Garden Club's wildflower area and bluebirds
- Campgrounds
- Lakeview Shelter has eight tables and can hold 50 people
- Sexton Shelter has six tables and can hold approximately 36 people
- Barnes Shelter has four tables and can hold approximately 24 people

MEXICO COUNTRY CLUB

1801 E. Liberty St.
Mexico, MO 65265
573-581-5374

www.mexicocountryclub.com

Members can enjoy golfing and swimming among other social events available at MCC.

MEXICO MIDDLE SCHOOL WALKING PROGRAM

1200 W. Boulevard
Mexico, MO 65265

Contact: City of Mexico 573-581-2100

This offers an indoor place to walk through the winter months. (November – March)

MEXICO YMCA

1127 Adams St.
Mexico, MO 65265
573-581-1540
www.mexicoymca.org

The YMCA movement is something different and special. We are particularly relevant to today's society because we fill a void in the community. We are for everyone - people of all ages, races, religions, incomes, and abilities.

MISSOURI DEPARTMENT OF CONSERVATION

573-884-6861

MARSHALL I. DIGGS CONSERVATION AREA

Directions:

Go 3 miles west of Wellsville on Route ZZ, then 1/2 mile west on Route RA.

MAUDE SHORES JACKS CONSERVATION AREA

Directions:

7 miles west of Centralia on Highway 22, go 4 miles north on Route Y, and 1 mile west on County Roads 132 and 134.

WILLIAM LOWE CONSERVATION AREA

Directions:

South of Mexico, go .50 mile east of Business Highway 54 on Teal Lake Road to area.

KIWANIS LAKE

From intersection of Highway 54 and 70, go north on Highway 54 to Mexico. Take the first Mexico exit and go left on 54/Clark. Take Clark to Hendricks Drive, then left on Hendricks about a quarter-mile to Plunkett Park.

LAKEVIEW PARK LAKE

Directions:

(From I-70) Take Highway 54 north to Mexico. Take the first Mexico exit and proceed north on 54/Clark about 1 mile to Lakeview Road.

NORTHEAST PARK

Mexico, Missouri

Northeast Park is a 60-acre facility located at Easter Anderson Street.

- Active and passive recreation opportunities including open space for wildlife viewing
- Playground area
- ADA restrooms
- 18 hole disc golf course

- Isaacs Shelter has four to six tables and can hold approximately 40 people

PLUNKETT PARK

Mexico, Missouri

Plunkett Park is the community's largest park totaling 127 acres is located on Curtis and Park Road, Wade and Hendricks Streets, bordering Mexico Senior High School.

- Kiwanis Lake, a three acre fishing lake with a handicap accessible fishing dock
- Open space
- Three shelters
- Picnicking
- Basketball court
- Frisbee golf course
- Playground area
- Nature trails
- Restroom facilities
- Green Field, a regulation baseball / softball field

PRESSER PERFORMING ARTS CENTER

Presser Performing Arts Center

P.O Box 845

900 South Jefferson

Mexico, MO 65265

(573) 581-5592

(573) 473-0919

www.presserpac.com

Presser Performing Arts Center is centrally located in the state of Missouri, serving mid America with quality cultural performing arts. We are dedicated to the promotion and appreciation of the arts.

SCATTERING FORK OUTDOOR CENTER

15559 Audrain Rd 821

Mexico, MO 65265

573-581-3003

Tell us what your group needs and we'll draw on our expertise and extensive course to tailor a half-day, full-day or overnight program to get the job done. Our certified and trained staff takes pride in crafting events that target specific goals and needs. Our staff is looking forward to working with you. We have provided positive experiences for thousands of people from age 3 and older. A program can be matched to any age group and any athletic ability.

TEAL LAKE PARK

Teal Lake Park is a 108-acre park located on Huntingfield and Teal Lake Roads in southeast Mexico.

- 84-acres fishing lake with a boat ramp and three fishing docks, one which is ADA accessible
- ADA assessable restrooms
- The shelter has 16 tables and holds approximately 130 people.
- 135-acre William S. Lowe conservation area for nature walks, bird watching and hiking

TOPS

Two Chapters in Audrain County:

Taylor Medical Services

321 N Washington St

Mexico, MO 65265

Van Far Grade School

2122 Audrain Rd 557

Cafeteria

Vandalia, MO 63382

TOPS Club, Inc. is a nonprofit, noncommercial weight-loss support organization based in Milwaukee, Wisconsin, USA, with chapters located worldwide. Its two-fold objective is to encourage healthy lifestyles through weight-management support groups and to sponsor obesity research. Most members refer to the organization simply as "TOPS," an acronym for "Take Off Pounds Sensibly."

TWIN LAKES SPORTING CLUB

17190 County Rd. 953

Mexico, MO 65265

573-581-1877

www.twinlakessportingclub.com

email: wally@twinlakessportingclub.com

Twin Lakes Sporting Club was established in 1991. It is located on a 1400-acre family grain-crop farm about 30 Miles Northeast of Columbia, MO or 120 miles west of St. Louis along I-70. Our 1280-acre hunting preserve provides all the needs for a successful hunt without the hassles associated with locating a place to hunt, poor cover, local limits and few birds. The Lodge serves as a place to hold business meetings, company dinners, class reunions, a family get together, wedding & reception, or a bird hunt.

VANDALIA COUNTRY CLUB

Highway 54 East

Vandalia, MO 63382

573-594-6666

The 9 hole course features 3,140 yards of golf from the longest tees for a par of 36. The course rating is 34.6 and it has a slope of 113.

VANDALIA FAMILY AQUATICS CENTER

411 South Highland Street

Vandalia, MO 63382

573-594-6186

Vandalia has a family aquatics center thanks to the support of the voters in the April 2006 election. The new facility includes such things as zero depth entry, slides, diving, lap lanes, shade structures and a new bathhouse. Swimming classes and aquacise classes are offered.